

II CSIT World Sports Games 2010

SPORT PROGRAMME and COMPOSITION of DELEGATIONS

ATHLETICS

Total maxi: 39

36 athletes max (16F/16M and over) including 3 F + 3M for walking events, 1 coach F/ 1 coach M + 1 head of delegation

3 athletes maxi per event

5 athletes minimum to do a team

An athlete who makes a running of 1500m, 5000m, 10 000m or walking (march) can participate in the relay

The union organizer can submit 2 teams men and women

TRACK AND FIELD CHAMPIONSHIP individual and teams

INDIVIDUALS

Women: 100m – 200m – 400m – 800m – 1500m – 5000m – 100m hurdles – 400m hurdles – high jump – long jump – triple jump – pole vault – shot put – discus throw – javelin throw – hammer throw – relay race 4 x 100m – relay race 4 x 400m – 5 Km walking

Men: same as female except 110m hurdles and walking 10km + 10000m + 3000m steeple

TEAMS (events taken into account for classification):

Women: 100m – 200m – 400m – 800m – 1500m – 400m hurdles – high jump – long jump – shot put – discus throw – relay 4 x 100m.

Men: same events as female + 5000m

If a problem arrives and if it is not planned in the rules we shall apply the rules of the IAAF.

BASKETBALL

Total maxi: 31

(for one team: 15 persons)

· 12 players

· 1 coach/ 1 referee/ 1 team manager + 1 head of delegation

CHAMPIONSHIP for Seniors (18 and over) men and women

By pools, then ¼ or ½ finals (regarding number of teams), final

Every team plays minimum 4 matches, no more than 2 match per day, participation is limited of 1 F and 1 M team per union

BEACH-VOLLEY

Total maxi: 31

6 teams of 4 players

(3 F teams + 3 M teams)

+ 1 coach per team

+ 1 head of delegation

CHAMPIONSHIP for Seniors (19 and over) men and women

1st round by pools / 2nd round by double elimination + classification games

- matches are played 3 against 3
- teams are composed of 4 players with 1 substitute

The programme will include open beach-volley games with intercountries and mixed teams (for fun)

18 years old and more F/M

CHESS

Total maxi: 5

4 players (possibly mixed)

+ 1 head of delegation

CHAMPIONSHIP Long games by team

Swiss system – FIDE rules

Limited time : 2 hours maxi per player (4 hours totally)

2350 ELO maximum

All age categories F/M

FOOTBALL

Total maxi: 22

18 players (including 2 goal)

1 coach / 1 assistant coach

1 referee

+ 1 head of delegation

CHAMPIONSHIP for Seniors (18 years old and more M)

By pools, then $\frac{1}{4}$ or $\frac{1}{2}$ finals (according to the number of teams), final;

Every player can be registered and play in all matches, a player substitute can enter again the same match, minimum 4 matches per team, 1 match per day per team maxi, each team plays the same number of matches, participation is limited of 1 team per union

JUDO

Total maxi: 23

9 F competitors / 9 M competitors

1 coaches for F and M

2 referees + 1 head of delegation

CHAMPIONSHIP for Seniors individuals and teams (20 years old and more F/M)

Championship by pools then normal elimination :

- 9 maximum per sex category
- 2 maximum per weight category

(weight category of the International Judo Federation)

Programme : referee course, individual competition, team competition, common training sessions

KARATE

Total maxi: 25

21 competitors maxi

1 coach / 2 referees

+ 1 head of delegation

2 competitors maxi per category

CHAMPIONSHIP for Cadets and Juniors and Under 21 (14 to 20 years old F/M)

- Cadet F/M : 14 and 15 years old

/ Minimum ranking: \geq 7th Kyu.

Kumite and Kata individual

- Junior F/Male : 16 and 17 years old

/ Minimum ranking: \geq 5th Kyu.

Kumite and Kata individual, Kata team (ages 14 through 17 years)

- Under 21 F/M : 18, 19, 20 years old

/ Minimum ranking: \geq 4th Kyu.

Kumite and Kata individual, Kumite team 3 athletes (+1 substitute), free weight (age + 18)

Kata team (ages 16 through 20 years)

Weight categories (maximum 2 persons per Union per category)

Year of birth will decide the category

PETANQUE

Total maxi: 23

8 doubles M (= 16 persons)

4 one to one F (= 4 persons)

2 referees + 1 head of delegation

CHAMPIONSHIP for Male (doubles) and Female (one to one)

Programme:

- organisation of the CSIT championship during the first 3 days
- initiation of Petanque for all the participants during the week / specially during the last days after the championship's end.

All age categories F/M

SWIMMING

Number of athletes are not limited

1 coach F and 1 coach M

+ 1 head of delegation

CHAMPIONSHIP individuals and teams

- 50 m, 100 m et 200 m backstroke F/M
- 50 m, 100 m et 200 m breaststroke F/M
- 50 m, 100 m et 200 m butterfly F/M
- 50 m, 100 m, 200 m et 400 m free style F/M
- 200 m individual medley F/M
- 4 x 100 m free style relay F/M

- 4 x 100 m medley relay F/M
- 4 x 50 m free style relay F/M

The championship is being held in 4 half-days. See the CSIT regulations to get the programme of each one.

The CSIT Swimming championships will be divided into 4 age categories:

- a) 13 years old and younger
- b) 14 and 15 years old
- c) 16 and 17 years old
- d) 18 years old and older

The date of reference is December, 31st of the year the swimming championships of the CSIT will take place.

TENNIS

Total maxi: 22

- Total «under 45 y. old» : 12

2 teams maximum

Per team : 5 p. (2 F + 2 M players +

1 substitute) + 1 coach

+ 1 head of delegation

- Total 45 years and + : 10

CHAMPIONSHIP for Seniors (under 18 y. old accepted) + Masters (by teams for less than 45 y. old / individuals for 45 y. and more) per team (less 45 years old):

2 simple Males + 2 simple Females + 2 doubles mix / Matches of 2 sets won (difference of 2 games needed, tie break at 6/6)

individuals (45 years old and over):

Tournament like « Round Robbin » / Categories: 45-49, 50-54, 55-59, 60 years old and more 2 sets won of 4 won games each (tie break at 4/4, 7 points with difference of 2 points).

See beside F/H

VOLLEYBALL

Total maxi: 31 (one team is 15 pers) :

12 players

1 coach / 1 referee

1 team manager

+ 1 head of delegation for both

CHAMPIONSHIP for Seniors (21 years old and more (18 years old and more can participate) F/M

By pools, then ¼ or ½ finals (according to the number of teams), final. / All teams play the same number of matches

Participation is limited of 1 F team and 1 M team per Union.

If time available, the programme will include open volleyball games 4 against 4 (or 6 against 6) with inter countries and mixt teams (for fun)

WRESTLING

Total maxi: 36

Max 30 wrestlers and 2 wrestlers per each weight category

1-3 coaches / 2-3 international referees

+ 1 head of delegation

CHAMPIONSHIP individuals and teams

A. Greco-Roman style:

1) for men-juniors: 46-50kg, -55kg, -60kg, -66kg, -74kg, -84kg, -96kg

In the two first weight categories (46-50kg, -55kg) the wrestlers can be 15 years old (differs from the FILA regulations).

2) for men-seniors: -60kg, -66kg, -74kg, -84kg, -120kg

B. Free style:

For men-seniors : 66kg, -84kg, -96kg

Allowed overweight up to 2,0 kg

Composition of the team max. 2 wrestlers per each weight category.