

## Let's sail together – Infosheet



**Kompass eggs e.V. & NIG e.V.**

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Rostock



Dear volunteer

We are pleased to confirm your place on the following project and enclose your final details and travel information.

**If you have any queries concerning the project before leaving home, do not hesitate to contact us on: Tel 0049 (0) 381 4922914 / Fax 0049 (0) 381 4900930 or email [info@kompass-verein.de](mailto:info@kompass-verein.de) (office hours 9-4pm Monday-Friday).**

**If you have problems on arrival in Germany then please contact your host or project co-ordinator details of whom are on the first page of your info sheets.**

**Likewise, if you need to cancel at the last minute please let your sending organisation know or contact us directly, so that we can inform the project coordinators not to expect you.**

**Finally, we wish you a safe journey and an enjoyable project.**

Best wishes,

Kompass eggs e.V. & NiG e.V.

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## FINAL DETAILS AND TRAVEL INFORMATION

### EU 2012 Let's sail together

Arrival date: 22<sup>nd</sup> June; arrival until 5:00 pm in Kiel main station (Kiel Hbf)  
Departure date: 05<sup>th</sup> July; departure at Kiel main station  
Meeting point: Kiel main station  
Project address: Kieler Jugenderholung e.V.  
Falkenhorst 6  
24159 Kiel  
<http://jugenddorf-falckenstein.de>  
Telephone No.: +49 (0) 174 88 17 221  
E-Mail: [info@kompass-verein.de](mailto:info@kompass-verein.de)  
Person responsible: Jan Groschoff (bigbearberlin@googlemail.com)  
Group leader: to be confirmed

If you are delayed or have a problem **on arrival in Germany**, please call our office on:  
+49 (0)381 4922914

### TRAVEL INFORMATION

The best advice we can give you, is to do some research before you leave. Half the fun of the trip is in the planning, and you'll get a lot more out of it if you are prepared. You will find some excellent information about Germany on the internet. Here are some websites where you can get essential travel information:

<http://www.germany.travel/en/index.html>

<http://www.deutschland.de>

<http://www.deutsche-bahn.de>



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**Nearest train station:** Kiel main station (Kiel Hbf)

**Nearest airport:** Berlin or Hamburg

**By Train:**

For enquiries you can also visit the website of public transportation [www.bahn.de](http://www.bahn.de) (also available in English, French, Italian and Spanish).

When you arrive at **Hamburg airport** you can buy the ticket type "Schleswig-Holstein Ticket Single" for 26 EUR. This ticket is valid for only 1 day and just from Hamburg to your final destination in Kiel, you don't need to buy any other ticket. You **only** can use the following types of trains RegionalExpress (RE), RegionalBahn (RB) and S-Bahn and most types of transport in Hamburg and Berlin, 2nd class. **Important:** For each person that travels with you, you pay 3 EUR more up to 5 persons. 2 travellers buy a "Schleswig-Holstein Ticket" for 29 EUR, 3 travellers for 32 EUR and so on. The maximum number of travellers is 5. The price is divided by the number of travellers then.

Arriving at **Berlin airport** you will need to buy the same ticket as written above and in addition the "Berlin-Brandenburg-Ticket" for one up to five persons, depending on how many travellers you are. It is the same kind of ticket like the "Schleswig-Holstein Ticket" but instead it's valid for the region of Berlin and Brandenburg. The "Schleswig-Holstein Ticket" is also valid in Mecklenburg-Vorpommern. <http://www.bahn.com/i/view/GBR/en/prices/germany/laender-ticket.shtml>

**Important:** don't go by ICE, these trains are fast but .... much more expensive.

**From Hamburg (example):**

Station/Stop	Date	Time	Platform	Comments
Hamburg Hbf	Fr, 22.06.12	dep 10:20		RE 21012 RegionalExpress
Kiel Hbf	Fr, 22.06.12	arr 11:37		

Trains leaving Hamburg 20 minutes past every hour.

**From Berlin (example):**

Station/Stop	Date	Time	Platform	Comments
Berlin Hbf (tief)	Fr, 22.06.12	dep 09:26		RE 37376 RegionalExpress
Bad Kleinen	Fr, 22.06.12	arr 11:58		
Bad Kleinen	Fr, 22.06.12	dep 12:03		RE 13086 RegionalExpress
Lübeck Hbf	Fr, 22.06.12	arr 12:54	1	
Lübeck Hbf	Fr, 22.06.12	dep 13:06	6	RE 21616 RegionalExpress
Kiel Hbf	Fr, 22.06.12	arr 14:15		

Without using ICE & EC these are your possible departure times:

**04:26 05:18 09:26 11:28 13:26 15:26 17:26** (try to use the fat ones)

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## THE PROJECT

### **Youth exchange in general:**

Youth Exchanges enable young people to go abroad, to meet peers from different countries with different social and cultural backgrounds and to learn from each other through an active participation in joint activities of common interest. Youth Exchanges allow young people to experience Europe and so to feel more European citizens.

### **Short description:**

The Project shall carry the European idea from coast to coast, from the Baltic sea to the Atlantic ocean. 45 young Europeans from 5 nations sail together on the three-mast-ship "Gulden Leeuw" from Kiel to St. Malo, work, eat and sleep together and learn to master wind and waves. At the end they should build a team where nationality, cultural or personal background don't matter.

The project shall next to its sportive, active character and intentionally communicated healthy lifestyle also involve an ecological key aspect. For developing this content distinct evenings will be available during the project. Please ask your sending organization about your topic!

### **LOCATION Part 1:**

The first three days (and 3 days at the end) we stay in Kiel - the capital of Schleswig-Holstein. 240.000 habitants live in the city next to the sea: on the outside the Kieler Förde – on the other side the north-Baltic-canal. One of the highlights of international sport events of Kiel is the "Kieler Woche": A big sailing event with tall ships of Europe and cultural events....and we can take part!

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## LOCATION Part 2:

For the next 7 days we leave Kiel with a big ship: The "Gulden Leeuw" (Golden Lion) has been designed and built as an ocean-going, ice class ship. In combination with the chosen rigging it will become a fast, robust ship. The rigging must not only serve as decoration but also actually have good sailing characteristics. The "Gulden Leeuw" will be a three-masted topsail schooner, so the foremast is also yard-rigged. This very versatile rigging combines the advantages of a square-sailed ship and a fore-and-aft rigged ship. The Gulden Leeuw can sail in all international waters.

On the one hand, the 30's style was characterized by expensive, rich materials, often hand-crafted, decorative and luxurious. On the other, simple, functional forms were sought. The ship was built in 1937.

## Fact's about the Gulden Leeuw:

Length: 70,10 Mtr.; Overall beam: 8,60 Mtr.; GT 1400 m<sup>2</sup>



<http://guldenleeuw.com/>

**For more information please read the Infosheet Part 2!**

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### **Leisure time activities:**

Excursions are planned, short trips to nearby towns, swimming, ...

**Important! Leisure time spent with the other volunteers is central to the international volunteer experience. Therefore, volunteers are expected to participate in the group based leisure activities and are requested not to arrange personal trips away from the project at weekends or during the evenings.**

### **ACCOMMODATION and FOOD**

The volunteers will be accommodated in youth houses (12 persons per house WC / bathroom inside). Please bring a sleeping bag! Food and soft drinks are already included: At Kiel and at the Gulden Leeuw!

### **WHAT TO BRING WITH YOU**

- ♦ Passport
- ♦ Sleeping bag and towels
- ♦ Official invitation\*
- ♦ Insurance certificates (If you have a European one...)
- ♦ International Student Identity Card (ISIC) (this may help you to get reduction on travel/entrance fees).
- ♦ Outdoor footwear i.e. walking boots
- ♦ Old work clothes + work gloves
- ♦ Warm sweater
- ♦ Waterproof coat and waterproof trousers (the weather can be unpredictable)
- ♦ Suncream and sunhat
- ♦ insect repellent
- ♦ Torch
- ♦ Games, a pack of cards etc
- ♦ Swimwear
- ♦ Music cd's
- ♦ International plug adaptor (if you are bringing electrical items)
- ♦ Specialities/postcards etc from your country
- ♦ Mattress pad (could be nice but not necessary).

\*An official invitation is required for Non European Union volunteers, who need a Visa invitation for Germany, and needs to be obtained from your sending organisation before your departure. This will be required by the Customs Officials in Germany and should be shown with your travel/arrival details.

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**INSURANCE:** Kompass e.V. insures volunteers against: accident, illness and third party liability for the duration of the project.

### **FOR YOUR SAILING VOYAGE YOU SHOULD BRING THE NEXT ITEMS:**

- **Warm and waterproof clothing is very important aboard a sailing vessel**

It can get pretty cold during sailing, especially at night. Even in summer, warm clothing is essential. Your jacket should be windproof!

- **Valid travel documents and papers**
- **Drugs, Medication and Diets**

Drugs of all kinds are not permitted on board. However, personal medication accompanied by doctor's statement or prescription, is allowed. Please inform us in advance about your medical condition on the health-statement. We will brief the responsible officer on board (and that person only).

- **Seasickness**

Some people get seasick and some don't. Most will depend on the weather situation in the first days at sea. What helps is being fresh on the morning of departure.

**So get a good night's sleep and don't drink too much alcohol on the evening prior to departure.**

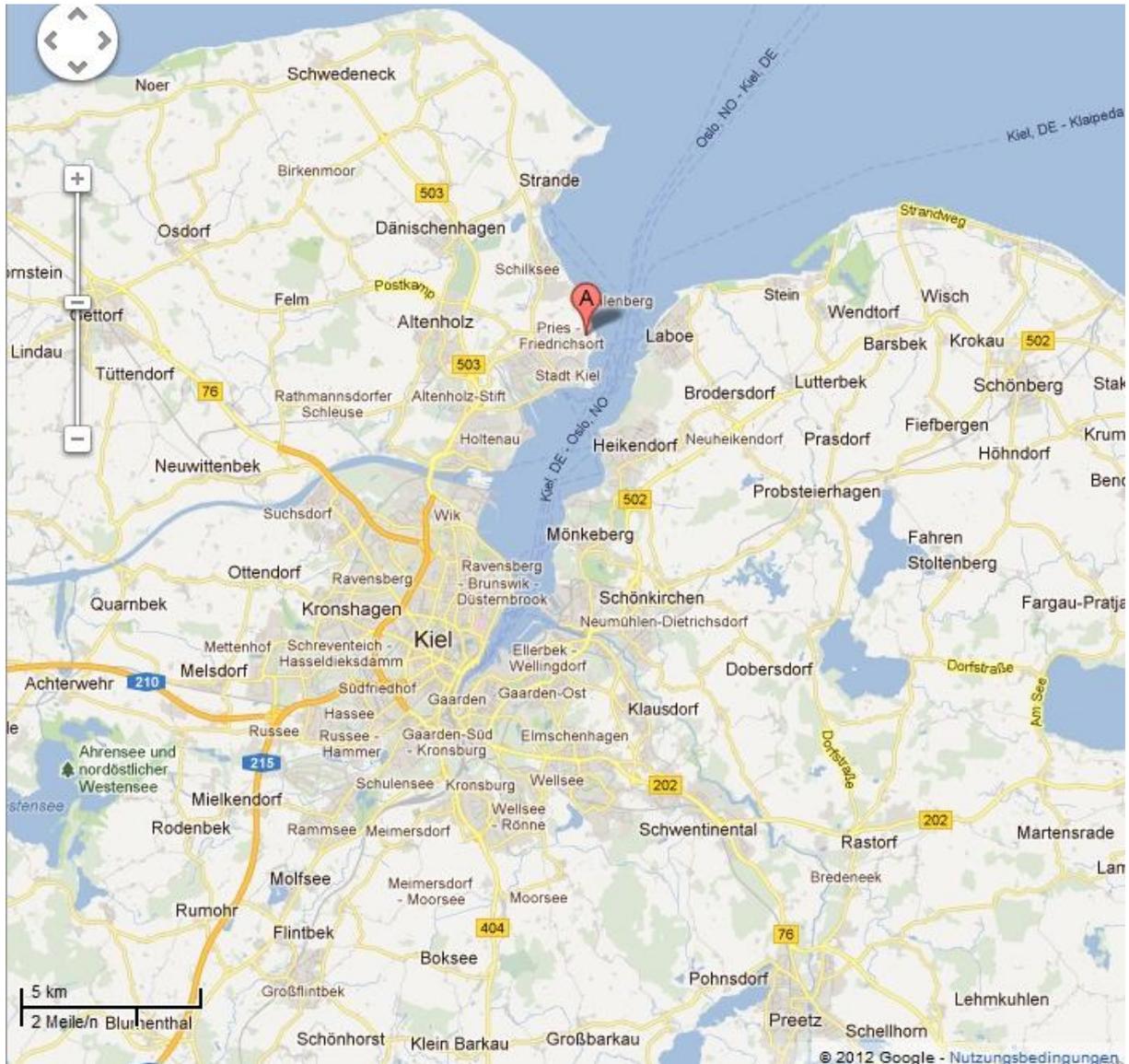
Make sure you have eaten enough and keep on eating and drink no coffee when you feel the first signs. It is wise to bring anti-motion pills with you, just in case you are the one who gets seasick.

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## Map of Kiel

A: LOCATION Part 1...



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## Timeline: „Let´s sail together”

day	date	place	what	project
0	22. Jun	Kiel	Arrival / Installment at Youth Centre / organization of groups	Icebreaker, intercultural games, name games
1	23. Jun	Kiel	Tour to old town and harbor, Kiel Sails Weeks	get together / preparation of on board duties
2	24. Jun	Kiel	group work: documentation, PR, .... ; evening concert at sails weeks	evening: Presentation “The sea and Climate change”
3	25. Jun	Gulden Le.	Hike to the boat, safety training, installment on board	instruction behavior on board & safety; Meeting the local press
4	26. Jun	Gulden Le.	Sailing	Intercultural evening
5	27. Jun	Gulden Le.	Sailing	Evening study part 1
6	28. Jun	Gulden Le.	Sailing	Evening study part 2
7	29. Jun	Gulden Le.	Sailing	Evening study part 3
8	30. Jun	Gulden Le.	Sailing	Evening study part 4
9	01. Jul	Gulden Le.	Sailing	Evening study part 5
10	02. Jul	On Board / Bus	Say Goodbye to the sea - breakfast / Bus transfer	Joined picnic somewhere in between
11	03. Jul	Kiel	Group work / recap	Press work / social networks / documentation
12	04. Jul	Kiel	Group work & party “Never forget”	Documentation / Evaluation / cleaning
13	05. Jul	Kiel	Farewell	handing out documentation and farewell gift

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